A tough decision can be made easier with these charts showing you the best five and worst five schedules for upcoming seven-day periods. Some of you used them last year but for the benefit of new readers here is a refresher. The number next to the team indicates the 'multiplier' to use on a player's point-per-game pace to give you an idea how many points to expect for that week.

[redacted]

**Best Bets**
NYR 4.26 - four games TB, FLA, BUF, TOR
Edmonton 4.05 - four games DAL, PHX, MIN, COL
Dallas 4.02 - four games EDM, STL, CHI, ANA
Montreal 3.99 - four games PHI, BUF, NYI, CAR
Chicago 3.98 - four games NJ, CGY, DAL, STL
**Steer Clear**
Atlanta 1.87 - two games PIT, NJ
Nashville 1.98 - two games DET, PHX
Buffalo 2.71 - three games MTL, NYR, BOS
Washington 2.72 - three games CLB, BOS, PIT
Toronto 2.78 - three games BOS, PHI, NYR
[redacted]**day April 9, 2010**

**Best Bets**
NYR 4.19 - four games FLA, BUF, TOR, PHI
Chicago 4.17 - four games CGY, DAL, STL, COL
Columbus 4.05 - four games WSH, STL, DETx2
St.Louis 4.05 - four games DAL, CLB, CHI, ANA
Washington 3.95 - four games CLB, BOS, PIT, ATL
**Steer Clear**
Nashville 1.98 - two games DET, PHX
TB 2.04 - two games CAR, OTT
Calgary 2.63 - three games CHI, SJ, MIN
Buffalo 2.71 - three games MTL, NYR, BOS
Toronto 2.78 - three games BOS, PHI, NYR
**urday April 10, 2010**
**Best Bets**
Chicago 4.17 - four games CGY, DAL, STL, COL
SJ 4.09 - four games COL, CGY, VAN, PHX
Minnesota 3.98 - four games VAN, EDM, CGY, DAL
Vancouver 3.92 - four games MIN, COL, SJ, CGY
St.Louis 3.84 - four games CLB, CHI, ANA, NSH
**Steer Clear**
Nashville 2.04 - two games PHX, STL
Buffalo 2.68 - three games NYR, BOS, OTT
Phoenix 2.77 - three games NSH, LA, SJ
Dallas 2.79 - three games CHI, ANA, MIN
NYI 2.87 - three games MTL, PIT, NJ
**day April 11, 2010**
**Best Bets**
Pittsburgh 4.53 - four games WSH, NYI, ATL, NYI
Florida 4.30 - four games OTT, NJ, TBx2
NJ 4.29 - four games ATL, FLA, NYI, BUF
NYR 4.22 - four games BUF, TOR, PHIx2
LA 4.18 - four games ANA, PHX, EDM, COL
**Steer Clear**
Calgary 2.65 - three games SJ, MIN, VAN
#REF!
Phoenix 2.77 - three games NSH, LA, SJ
Detroit 2.78 - three games CLBx2, CHI
Dallas 2.79 - three games CHI, ANA, MIN
**nday April 11, 2010**
**Best Bets**

Pittsburgh 4.53 - four games WSH, NYI, ATL, NYI
Florida 4.30 - four games OTT, NJ, TBx2
NJ 4.29 - four games ATL, FLA, NYI, BUF
NYR 4.22 - four games BUF, TOR, PHIx2
LA 4.18 - four games ANA, PHX, EDM, COL

**Steer Clear**

Nashville 2.04 - two games PHX, STL
Columbus 2.04 - two games DETx2
Minnesota 2.12 - two games CGY, DAL
Calgary 2.65 - three games SJ, MIN, VAN
Phoenix 2.77 - three games NSH, LA, SJ

**Tuesday April 11, 2010**

**Best Bets**

Pittsburgh 3.45 - three games NYI, ATL, NYI
NYR 3.29 - three games TOR, PHIx2
Florida 3.26 - three games NJ, TBx2
LA 3.23 - three games PHX, EDM, COL
NJ 3.18 - three games FLA, NYI, BUF

**Steer Clear**

Calgary 1.76 - two games MIN, VAN
Philadelphia 1.82 - two games NYRx2
Toronto 1.84 - two gamesNYR, MTL
Dallas 1.85 - two games ANA, MIN
Carolina 1.86 - two games MTL, BOS

**ednesday April 11, 2010**

**Best Bets**

Pittsburgh 3.45 - three games NYI, ATL, NYI
Florida 3.26 - three games NJ, TBx2
LA 3.23 - three games PHX, EDM, COL
NJ 3.18 - three games FLA, NYI, BUF
Anaheim 3.05 - three games Dal, STL, EDM

**Steer Clear**

Toronto 0.98 - ONE game MTL
Nashville 1.03 - ONE game STL
Columbus 1.07 - ONE game DET
Phoenix 1.74 - two games LA, SJ
Calgary 1.76 - two games MIN, VAN

**sday April 11, 2010**

**Best Bets**

Florida 2.34 - two games TBx2

NJ 2.26 - two games NYI, BUF
Pittsburgh 2.22 - two games ATL, NYI
LA 2.12 - two gmaes EDM, COL
Chicago 2.10 - two games COL, DET

**Steer Clear**

Carolina 0.78 - ONE game BOS
Dallas 0.80 - ONE game MIN
Phoenix 0.81 - ONE game SJ
Calgary 0.87 - ONE game VAN
Toronto 0.98 - ONE game MTL

**[redacted]riday April 11, 2010**

**Best Bets**

Florida 2.34 - two games TBx2
Pittsburgh 2.34 - two games ATL, NYI
NYI 2.17 - two games NJ, PIT
NJ 2.15 - two games NYI, BUF
LA 2.12 - two games EDM, COL

**Steer Clear**

Columbus 0.00 - ZERO games
Phoenix 0.83 - ONE game SJ
Dallas 0.84 - ONE game MIN
Minnesota 0.84 - ONE game DAL
Calgary 0.92 - ONE game VAN

**[redacted]turday April 11, 2010**

**Best Bets**

Florida 1.17 - ONE game TB
Pittsburgh 1.17 - ONE game NYI
LA 1.08 - ONE game COL
Anaheim 1.04 - ONE game EDM
Washington 1.03 - ONE game BOS

**Steer Clear**

14 teams with ZERO games