March is the month with the most NHL action in it with a total of 210 games. Combine that with a playoff races and no stupid breaks like All-Star or Christmas and this is a hockey fan's dream. Although the schedule makers haven't pulled out all the stops and given us a day where all 30 NHL teams play. October 25 was your only time for that.

Starting on Saturday February 28 the Dallas Stars play five games in seven 7 nights. They are at home to play the Duck and Pens back-to-back and the on the road to face the Sharks, Kings and Ducks. Playing five games in a one week time doesn't happen very often - only twelve times during the regular season.

Looking at a team's schedule may help your chances of finding a good injury replacement. Here are some of the high and low ratings for teams over a two, three and four week period starting February 27, 2009. The rating is shown in brackets.

Two weeks

High ratings: Stars (7.97), Flames (7.75), Senators (7.71)

Low ratings: Rangers (4.91), Ducks (4.86)

Three weeks

High ratings: Capitals (11.22), Senators (10.79), Stars (10.73)

Low ratings: Rangers (7.91), Ducks (7.77)

Four weeks

High ratings: Wild (14.57), Panthers (14.43), Flames (14.15)

Low ratings: Bruins (11.09), Ducks (10.80)

Best Bets
Washington 4.11 - four games BOS, FLA, CAR, TOR
Florida 4.00 - four games NJ, WAS, ATL, PIT
Detroit 3.96 - four games LA, NAS, STL, COL
Dallas 3.88 - four games ANA, PIT, SJ, LA
Calgary 3.87 - four games MIN, TB, OTT, PHI
Steer Clear
Anaheim 1.84 - two games DAL, CHI
Phoenix 1.84 - two games STL, STL
Atlanta 2.04 - two games CAR, FLA
St. Louis 2.06 - two games PHX, DET
Carolina 2.08 - two games ATL, WAS

Best Bets
Dallas 4.82 - FIVE games ANA, PIT, SJ, LA, ANA
Washington 4.11 - four games STL, FLA, CAR, TOR
Florida 4.00 - four games NJ, WAS, ATL, PIT
Calgary 3.98 - four games TB, OTT, PHI, CAR
Ottawa 3.50 - three home games TOR, CGY, EDM
Steer Clear
Vancouver 1.84 - two games CBJ, MIN
Chicago 2.06 - two games LA, ANA
NY Rangers 2.22 - two games COL, NYI
Philadelphia 2.62 - three games NJ, BOS, CGY
Edmonton 2.68 - three games MIN, NAS, OTT

Best Bets
Florida 4.29 - four games WAS, ATL, PIT, STL
Tampa Bay 4.24 - four games CGY, PIT, STL, CAR

Calgary 3.98 - four games TB, OTT, PHI, CAR
Columbus 3.86 - four games VAN, LA, NAS, DET
Dallas 3.78 - four games PIT, SJ, LA, ANA

Steer Clear

NY Rangers 1.10 - ONE games NYI
Phoenix 1.64 - two road games BOS, BUF
Anaheim 1.95 - two games CHI, DAL
Montreal 2.05 - two games BUF, ATL
Atlanta 2.07 - two games FLA, MTL

Best Bets

NY Islanders 4.13 - four home games COL, NYR, NJ, PHX
Boston 3.99 - four games PHI, PHX, CHI, NYR
Calgary 3.98 - four games OTT, PHI, CAR, ATL
Dallas 3.76 - four games SJ, LA, ANA, MTL
Minnesota 3.63 - four road games VAN, SJ, LA, ANA

Steer Clear

Vancouver 1.74 - two games MIN, SJ
NY Rangers 1.92 - two games NYI, BOS
New Jersey 2.30 - two games TOR, NYI
Phoenix 2.74 - three road games BOS, BUF, NYI
Anaheim 2.80 - three games CHI, DAL, MIN

Best Bets

Ottawa 4.50 - four home games CGY, EDM, BUF, TOR
Boston 3.99 - four games PHI, PHX, CHI, NYR
Calgary 3.98 - four games OTT, PHI, CAR, ATL
Carolina 4.04 - four games WAS, CGY, TB, NYR
Los Angeles 3.92 - four games CBJ, DAL, MIN, VAN

Steer Clear

Colorado 1.89 - two games DET, CHI
New Jersey 2.30 - two games TOR, NYI
Vancouver 2.67 - three games MIN, SJ, LA
Phoenix 2.74 - three road games BOS, BUF, NYI
Anaheim 2.80 - three games CHI, DAL, MIN

Best Bets

NY Islanders 4.22 - four games NYR, NJ, PHX, TOR
Toronto 4.18 - four games WAS, EDM, OTT, NYI
Montreal 4.17 - four games BUF, ATL, DAL, EDM
Buffalo 4.07 - four games MTL, PHX, OTT, PHI
Dallas 3.95 - four games LA, ANA, MTL, STL

Steer Clear

Vancouver 1.83 - two games SJ, LA
Chicago 1.86 - two games BOS, COL
Anaheim 1.97 - two games DAL, MIN

New Jersey 2.17 - two games NYI, CGY
Tampa Bay 2.17 - two games STL, CAR

Best Bets
Ottawa 4.57 - four home games EDM, BUF, TOR, TB
NY Islanders 4.22 - four games NYR, NJ, PHX, TOR
Toronto 4.18 - four games WAS, EDM, OTT, NYI
Dallas 3.95 - four games LA, ANA, MTL, STL
Carolina 3.94 - four games CGY, TB, NYR, CHI
Steer Clear
Colorado 2.10 - two games CHI, ATL
Detroit 2.11 - two games CBJ, PHX
New Jersey 2.17 - two games NYI, CGY
San Jose 2.56 - three games MIN, VAN, MIN
Columbus 2.69 - three games NAS, DET, BOS

Best Bets
Carolina 4.96 - FIVE games CGY, TB, NYR, CHI, DAL
Montreal 4.48 - four games ATL, DAL, EDM, NYI
Toronto 4.39 - four games EDM, OTT, NYI, TB
Tampa Bay 4.29 - four games STL, CAR, OTT, TOR
Ottawa 4.20 - four games BUF, TOR, TB, BOS
Steer Clear
Los Angeles 1.90 - two games MIN, VAN
NY Rangers 2.69 - three games BOS, CAR, NAS
San Jose 2.72 - three games VAN, MIN, STL
Vancouver 2.76 - three games SJ, LA, ANA
Pittsburgh 2.82 - three games WAS, FLA, CBJ

Best Bets
Toronto 4.39 - four games EDM, OTT, NYI, TB
Ottawa 4.20 - four games BUF, TOR, TB, BOS
NY Islanders 4.19 - four games NJ, PHX, TOR, MTL
Chicago 3.92 - four games BOS, COL, CAR, CBJ
Carolina 3.89 - four games TB, NYR, CHI, DAL
Steer Clear
Anaheim 1.90 - two games MIN, VAN
NY Rangers 2.69 - three games BOS, CAR, NAS
San Jose 2.72 - three games VAN, MIN, STL
Pittsburgh 2.82 - three games WAS, FLA, CBJ
Los Angeles 2.85 - three games MIN, VAN, VAN

Best Bets
Toronto 4.35 - four games OTT, NYI, TB, CGY
Montreal 4.24 - four games DAL, EDM, NYI, NJ
Ottawa 4.21 - four games TOR, TB, BOS, PIT

Calgary 4.13 - four games ATL, NJ, DET, TOR
Boston 4.05 - four games NYR, CBJ, OTT, NYI

Steer Clear

Anaheim 1.90 - two games MIN, VAN
Columbus 2.75 - three games BOS, PIT, CHI'
San Jose 2.80 - three games MIN, STL, LA
Los Angeles 2.81 - three games VAN, VAN, SJ
Vancouver 2.89 - three games LA, ANA, LA