Starting Wednesday February 11, the Ottawa Senators play five games in seven nights including two sets of back to back games. All of these games are on the road. Playing five games in a one week span doesn't happen very often - only twelve times during the regular season and this is the only time it happens to the Senators.

Looking at a team's schedule may help your chances of finding a good injury replacement. Here are some of the high and low ratings for teams over a two, three and four week period starting February 6, 2009. The rating is shown in brackets.

Two weeks

High ratings: Blue Jackets (8.60), Predators (8.31), Devils (7.97)

Low ratings: Bruins (4.75), Ducks (4.21)

Three weeks

High ratings: Rangers (11.95), Blue Jackets (11.55), Predators (11.45)

Low ratings: Flames (8.46), Ducks (7.82)

Four weeks

High ratings: Predators (14.60), Blue Jackets (14.30), Rangers (14.14)

Low ratings: Coyotes (11.46), Ducks (9.81)

Best Bets
New Jersey 4.29 - four games ATL, LA, NYR, NYR
Nashville 4.21 - four games MIN, DAL, DET, STL
Montreal 4.11 - four games BUF, TOR, CGY, EDM
Minnesota 4.10 - four games NAS, EDM, COL, DET
Atlanta 4.09 - four games NJ, PHI, TB, CHI
Steer Clear
Washington 1.91 - two games FLA, NYR
Chicago 2.00 - two games VAN, ATL
Boston 2.00 - two games PHI, SJ
Anaheim 2.00 - two games CGY, CGY
Carolina 2.00 - two games PHX, FLA

Best Bets
Detroit 4.84 - FIVE games EDM, PIT, NAS, MIN, CBJ
Vancouver 4.18 - four games CHI, STL PHX, DAL
Montreal 4.11 - four games TOR, CGY, EDM, COL
Florida 4.11 - four games WAS, TOR, CAR, NYR
New Jersey 3.99 - four games LA, NYR, NYI, BOS
Steer Clear
Pittsburgh 1.89 - two games DET, SJ
Washington 1.91 - two games FLA, NYR
Anaheim 2.00 - two games CGY, CGY

Carolina 2.00 - two games PHX, FLA
Edmonton 2.66 - three games DET, MIN, MTL

Best Bets
Nashville 4.29 - four games DAL, DET, STL, BOS
Minnesota 4.10 - four games EDM, COL, DET, OTT
Dallas 3.90 - four games NAS, PHX, VAN, CHI
Detroit 3.79 - four games PIT, NAS, MIN, CBJ
Calgary 3.70 - four games MTL, ANA, LA, PHX
Steer Clear
Anaheim 1.05 - ONE game CGY
Buffalo 1.89 - two games OTT, SJ
Washington 1.90 - two games NYR, TB
Carolina 2.10 - two games FLA, CBJ
Edmonton 2.56 - three games MIN, MTL, LA

Best Bets
Florida 4.21 - four games TOR, CAR, NYR, WAS
Vancouver 4.18 - four games STL, PHX, DAL, MTL
NY Rangers 4.01 - four games NJ, WAS, FLA, PHI
New Jersey 3.89 - four games NYR, NYI, BOS, SJ
Detroit 3.79 - four games NAS, MIN, CBJ, COL
Steer Clear
Edmonton 1.80 - two games MTL, LA
Pittsburgh 1.98 - two games SJ, TOR
Anaheim 2.31 - two games CGY, ATL
Boston 2.65 - three games SJ, NJ, NAS
Ottawa 2,76 - three games BUF, PHI, MIN

Best Bets
Los Angeles 4.50 - four games NYI, CGY, EDM, ATL
NY Rangers 4.30 - four games WAS, FLA, PHI, STL
Florida 4.21 - four games TOR, CAR, NYR, WAS
Columbus 4.31 - four games COL, DET, CAR, DAL
Nashville 4.20 - four games DET, STL, BOS, OTT
Steer Clear
Anaheim 2.31 - two games CGY, ATL
Boston 2.65 - three games SJ, NJ, NAS
Edmonton 2.75 - three games MTL, LA, PHX
Montreal 2.76 - three games EDM, COL, VAN
Calgary 2.76 - three games ANA, LA, PHX

Best Bets
Ottawa 4.66 - FIVE road games BUF, PHI, MIN, NAS, COL
Chicago 4.59 - four games ATL, STL, DAL, TB
NY Rangers 4.30 - four games WAS, FLA, PHI, STL

Phoenix 4.19 - four games DAL, VAN, CGY, EDM
Buffalo 4.08 - four games OTT, SJ, CAR, TOR
Steer Clear
Anaheim 2.31 - two games CGY, ATL
Atlanta 2.75 - three games CHI, ANA, LA
Boston 2.76 - three games NJ, NAS, CAR
Montreal 2.76 - three games EDM, COL, VAN
St. Louis 2.84 - three games NAS, CHI, NYR

Best Bets
Columbus 4.52 - four games DET, CAR, DAL, STL
NY Rangers 4.51 - four games FLA, PHI, STL, NYI
Los Angeles 4.31 - four games CGY, EDM, ATL, ANA
Nashville 4.10 - four games STL, BOS, OTT, DET
Vancouver 3.99 - four games PHX, DAL, MTL, CGY
Steer Clear
Atlanta 1.81 - two games ANA, LA
Minnesota 2.00 - two games DET, OTT
Anaheim 2.21 - two games ATL, LA
Pittsburgh 2.28 - two games TOR, NYI
Edmonton 2.57 - three games LA, PHX, SJ

Best Bets
Columbus 5.66 - FIVE games DET, CAR, DAL, STL, TOR
NY Rangers 4.51 - four games FLA, PHI, STL, NYI
Chicago 4.40 - four games STL, DAL, TB, FLA
NY Islanders 4.11 - four games PHI, PIT, NYR, CAR
Nashville 4.1 - four games BOS, OTT, DET, STL
Steer Clear
Minnesota 2.10 - two games OTT, CGY
Anaheim 2.21 - two games ALT, LA
Calgary 2.66 - three games PHX, VAN, MIN
Boston 2.76 - three games NJ, NAS, CAR
Atlanta 2.76 - three games ANA, LA, PHX

Best Bets
Carolina 5.14 - FIVE games CBJ, BUF, BOS, NYI, TB
Columbus 4.61 - four games CAR, DAL, STL, TOR
NY Islanders 4.11 - four games PHI, PIT, NYR, CAR
Nashville 4.10 - four games BOS, OTT, DET, STL
Los Angeles 4.02 - four games EDM, ATL, ANA, SJ
Steer Clear
Boston 1.90 - two games NAS, CAR
Minnesota 2.10 - two games OTT, CGY
Calgary 2.66 - three games PHX, VAN, MIN
Atlanta 2.76 - three games ANA, LA, PHX

New Jersey 2.84 - three games SJ, FLA, TB

Best Bets
Columbus 4.71 - four games DAL, STL, TOR, ANA
NY Rangers 4.51 - four games PHI, STL, NYI, BUF
Nashville 4.40 - four games OTT, DET, STL, STL
Buffalo 4.18 - four games CAR, TOR, PHI, NYR
San Jose 4.11 - four games NJ, EDM, LA, ATL
Steer Clear
Boston 1.90 - two games CAR, FLA
Minnesota 2.10 - two games CGY, DET
Calgary 2.66 - three games VAN, MIN, EDM
Tampa Bay 2.84 - three games CHI, NJ, CAR
Washington 2.95 - three games FLA, MTL, COL