December starts on Monday and in spite of the two day Christmas break the NHL only has one less game then there was in November and by the time the month is done we will be 45% of the way through the season. Atlanta, L.A., Phoenix and St. Louis play almost every other day with 15 games in the month. The Blackhawks and Rangers at the bottom of the list are only four games behind with 11.

Injury Replacements

Looking at a team's schedule may help your chances of finding a good injury replacement. Here are some of the high and low ratings for teams over a two, three and four week period starting November 28. The rating is shown in brackets.

Two weeks

High ratings: Blues (8.30), Predators (8.18), Coyotes (8.11)

Low ratings: Devils (3.70)

Three weeks

High ratings: Capitals (11.55), Avalanche (11.17)

Low ratings: Flames (8.45), Devils (7.89)

Four weeks

High ratings: Blues (14.01), Coyotes (14.01)

Low ratings: Oilers (10.44), Flames (10.34)

Best Bets
Philadelphia 4.41 - four games CAR, TOR, TB, NJ
Minnesota 4.31 - four games TB, NAS, COL, STL
Montreal 4.31 - four games WAS, BUF, ATL, NYR
Phoenix 4.31 - four games COL, SJ, LA, TOR
Nashville 4.29 - four games ATL, MIN, BUF, COL
Steer Clear
New Jersey 1.81 - two games PIT, PHI
Calgary 1.89 - two games VAN, DAL
Ottawa 2.31 - two games NYI, ATL
Carolina 2.74 - two games PHI, ANA, PIT
Chicago 2.74 - two games ANA, LA, ANA

Best Bets
Los Angeles 4.31 - four games CHI, TOR, PHX, EDM
St. Louis 4.30 - four games EDM, ATL, MIN, CGY
Dallas 4.20 - four games EDM, CGY, EDM, COL
Colorado 4.02 - four games TB, MIN, NAS, DAL
Minnesota 4.00 - four games NAS, COL, STL, VAN
Steer Clear
Carolina 1.79 - two games ANA, PIT
New Jersey 1.81 - two games PIT, PHI
Chicago 1.98 - two games LA, ANA
Boston 2.09 - two games DET, TB
NY Islanders 2.11 - two games OTT, WAS

Best Bets
Los Angeles 4.31 - four games TOR, PHX, EDM, CBJ
Dallas 4.20 - four games EDM, CGY, EDM, COL
St. Louis 4.19 - four games ATL, MIN, CGY, PHX
Atlanta 4.09 - four games STL, MTL, OTT, NYI
Florida 4.01 - four games NYR, WAS, BUF, BOS
Steer Clear
Chicago 1.70 - two games ANA, DET
Calgary 1.90 - two games DAL, STL
New Jersey 1.90 - two games PHI, MTL
Boston 2.09 - two games TB, FLA
Ottawa 2.21 - two games ATL, PIT

Best Bets
Phoenix 4.32 - four games LA, TOR, STL, CHI
Los Angeles 4.31 - four games TOR, PHX, EDM, CBJ
Washington 4.30 - four games FLA, NYI, TOR CAR
Minnesota 4.00 - four games COL, STL, VAN, NAS
Toronto 3.90 - four games LA, SJ, PHX, WAS

Steer Clear
New Jersey 1.90 - two road games PHI, MTL
Boston 2.09 - two road games TB, FLA
Ottawa 2.21 - two home games ATL, PIT
NY Islanders 2.21 - two games WAS, ATL
Chicago 2.75 - three games ANA, DET, PHX

Best Bets
Phoenix 4.32 - four games LA, TOR, STL, CHI
Florida 4.20 - four games WAS, BUF, BOS, OTT
Tampa Bay 4.11 - four games PHI, BOS, BUF, BOS
Washington 4.30 - four games FLA, NYI, TOR CAR
Pittsburgh 4.10 - four games NYR, CAR, OTT, BUF

Steer Clear
New Jersey 1.90 - two road games PHI, MTL
Detroit 2.00 - two home games VAN, CHI
Anaheim 2.00 - two games CHI, CBJ
Columbus 2.66 - three road games SJ, LA, ANA
Chicago 2.75 - three games ANA, DET, PHX

Best Bets
NY Islanders 4.21 - four games WAS, ATL, TOR, PHI
Pittsburgh 4.10 - four games NYR, CAR, OTT, BUF
St. Louis 4.10 - four games MIN, CGY, PHX, NAS
Nashville 4.00 - four games COL, MIN, STL, VAN
Vancouver 3.71 - four road games DET, MIN, COL, NAS

Steer Clear
New Jersey 1.90 - two road games PHI, MTL
Detroit 2.00 - two home games VAN, CHI
Anaheim 2.00 - two games CHI, CBJ
Atlanta 2.09 - two road games OTT, NYI
Dallas 2.10 - two games EDM, COL

Best Bets
Boston 4.30 - four games TB, FLA, TB, WAS
Washington 4.30 - four games NYI, TOR, CAR, BOS
Buffalo 4.21 - four games FLA, TB, PIT, TB
NY Islanders 4.21 - four games WAS, ATL, TOR, PHI
Tampa Bay 4.20 - four games BOS, BUF, BOS, BUF

Steer Clear
Minnesota 1.90 - two games VAN, NAS
Edmonton 1.90 - two games LA, SJ
Atlanta 1.99 - two games NYI, NYR
Anaheim 2.10 - two games CBJ, STL
Dallas 2.10 - two games COL, PHX

Best Bets
St. Louis 5.05 - FIVE games CGY, PHX, NAS, ANA, LA
Pittsburgh 4.21 - four games OTT, BUF, ANA, NYI
Los Angeles 4.21 - four games EDM, CBJ, COL, STL
NY Islanders 4.11 - four games ATL, TOR, PHI, PIT
Tampa Bay 4.10 - four games BUF, BOS, BUF, MTL
Steer Clear
New Jersey 1.90 - two games MTL, PIT
Atlanta 1.99 - two games NYI, NYR
San Jose 2.00 - two games EDM, ANA
Detroit 2.10 - two games CHI, CGY
Dallas 2.10 - two games COL, PHX

Best Bets
Buffalo 4.41 - four games TB, PIT, TB, TOR
Boston 4.30 - four games FLA, TB, WAS, ATL
Washington 4.30 - four games TOR< CAR, BOS, OTT
Pittsburgh 4.21 - four games OTT, BUF, ANA, NYI
NY Islanders 4.11 - four games ATL, TOR, PHI, PIT
Steer Clear
Edmonton 1.81 - two games SJ, FLA
Vancouver 1.90 - two games COL, NAS
Minnesota 1.90 - two games NAS, PHX
San Jose 2.00 - two games EDM, ANA
Dallas 2.00 - two games PHX, DET

Best Bets
Boston 4.61 - four games TB, WAS, ATL, ATL
Ottawa 4.21 - four games FLA, CHI, WAS, TB
NY Rangers 4.20 - four games CGY, ATL, NJ, CAR
Washington 4.20 - four games CAR, BOS, OTT, MTL
Buffalo 4.13 - four games PIT, TB, TOR, NJ
Steer Clear
San Jose 1.89 - two games ANA, STL
Edmonton 2.00 - two games FLA, VAN
Minnesota 2.09 - two games PHX, LA
Toronto 2.20 - two games NYI, BUF
Carolina 2.86 - three games WAS, PHI, NYR