You can pick up my SEVENTH annual Interactive Playoff Draft List . I stuck the video clip of how this works at the bottom of the ramblings here – I've since updated the playoff tree and injury information. Everything is up to date. Also, don't forget to join the FREE annual playoff pool. Click here , pick your players – 'submit'. Done. Win a custom jersey from Cool Hockey or a framed and signed Alex Burrows picture from The Fan Zoo .

Here is my Puck Daddy column breaking down the East for the postseason, hot off the press...

Lots of playoff previews when I peruse the news today, and some injury information (if you can call what we're getting from teams "information", but I'll do what I can with what I have).

Alexander Semin missed practice yesterday. It was a "maintenance day". We can only take them for their word, but his last "maintenance day" cost him a game due to an arm injury.

In case you missed it, here are Central Scouting's final 2012 Draft Rankings . Nail Yakupov, Ryan Murray, Mikhail Grigorenko, Alex Galchenyuk and Morgan Rielly are one through five.

Any hopes of some scraps in the Philly-Pittsburgh series just went out the window. The Penguins sent
Steve MacIntyre back to WBS. If they feared the rough stuff, they would have kept him around.

Steven Stamkos is apparently suffering from a shoulder injury . It won't require surgery, but it may keep him from playing in the World Championship.

Another pet peeve, that can go in the "Stanley Cup Final" category – it's the World Championship. I don't know how so many people can call it the World Championships. There is only one particular championship that they are referring to, so why add the "s"?

Johnny Boychuk has missed time with a sprained knee, but is apparently good to go for Game 1 for the Bruins.

George McPhee on Braden Holtby : " We have no choice – if the other guys aren't ready to go, he's playing". Wow – here is a chance to launch a star career. Or take a huge dent in getting that career off the ground.

Danny Cleary is back for Game 1 , but will need a pain-killing injection before each game. Darren Helm is back for Game 2.

Alexander Radulov was not in practice Monday – maintenance day . Yep, that again. Here are the line combos in practice, with Craig Smith in Radulov's spot: S. Kostitsyn, Fisher and Erat; A. Kostitsyn, Legwand and Smith; Bourque, Spaling and Hornqvist.

I get the feeling that Derek Roy will be dealt this summer. He didn't help matters by calling out his coach a little bit here . *"To be pointing fingers now is obviously tough. Behind closed doors, I think it's fine. You can be hard. It's not fun, but it's good to be hard on your players behind closed doors, on the bench to get them pumped up. I'm not a coach, but I don't think it's the right thing to be saying it to the media."*

Jeff Carter was back in practice (ankle) and said he was " good to go " for Game 1 on Wednesday. The coach wasn't quite as sure. But Carter is sure, and to me that should suffice.

Here are your draft lottery odds:

1 - Columbus - 25.0%

2 - Edmonton - 18.8%

3 - Montreal - 14.2%

4 - NY Islanders - 10.7%

5 - Toronto - 8.1%

6 - Anaheim - 6.2%

7 - Minnesota - 4.7%

8 - Carolina - 3.6%

9 - Winnipeg - 2.7%

10 - Tampa Bay - 2.1%

11 - Washington (via COL) - 1.5%

12 - Buffalo - 1.1%

13 - Dallas - 0.8%

14 - Calgary - 0.5%

There – what a great way to fill space on a non-game day!

Jonathan Toews is " confident " he can play in Game 1. I just went from not picking him in the draft to considering him in the middle rounds, even though I don't like Chicago in this series.

Now Daniel Sedin is practicing as well, and could play in Game 1. It's amazing, this "magic spray" that athletes pull out of their gym bags and use on themselves that heals their concussions in time for a playoff game.

Need some more playoff help? Here is my column today for **Puck Daddy on the Western Conference** . Here is my column for the Hockey News from Thursday on **sleepers in the West** and then today's piece **on the East** . Puck Daddy's East column will be out later today – watch for it.

By now, most of you are familiar with our newsfeed. This is a great tool to not only see the current news at a glance, but down the road it will be a great source for reviewing the history of a player – complete with links. If you would like to volunteer to help us with these links, please email me .

How the Interactive Playoff Draft List works, and what it has to offer…

{youtube}fjOeMnEAmHw{/youtube}