

A tough decision can be made easier with these charts showing you the best five and worst five schedules for upcoming seven-day periods. Some of you used them last year but for the benefit of new readers here is a refresher. The number next to the team indicates the 'multiplier' to use on a player's point-per-game pace to give you an idea how many points to expect for that week.

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f Ilya Bryzgalov is your go to goalie in your fantasy pool, you had better hope that he puts together solid starts in the few games the Coyotes play over the next week. Phoenix plays two games during schedules starting on Friday, Tuesday, Thursday, Friday and Sunday, and having a whopping one game during the Wednesday-Tuesday schedule. If you were riding the hot streaks of Belanger and Korpikoski, drop them over the weekend.

Since their recent home stretch began eight games ago, the Preds have scored 29 goals (3.6 goals per game). They have two more games this upcoming week against the struggling Stars and Avalanche, as well as one against the Canucks.

While the Canucks have offensively dominated most teams in the league, they have only managed four goals in three games, going 1-2 against Nashville this year. Not that anyone would ever sit any Canucks this season, don't let the presence of Pekka Rinne and Jonathan Quick later in the week scare you away; they face Atlanta and Columbus on Friday and Sunday.

Best Bets

Ottawa 4.48 - WAS, @ATL, @TB, @FLA

Vancouver 4.21 - @ATL, @CBJ, @NAS, LA

Florida 4.20 - @BUF, @PIT, @CBJ, OTT

Carolina 4.14 - @TB, TB, @WAS, MON

Washington 4.10 - @OTT, @MON, CAR, CBJ

Steer Clear

Phoenix 1.81 - SJ, DAL

San Jose 2.00 - @PHX, DAL

Calgary 2.23 - @EDM, ANA

NY Islander 2.69 - PHI, @NJ, NYR

Columbus 2.90 - VAN, FLA, @WAS

Friday April 1, 2010

Best Bets

Ottawa 4.52 - @ATL, @TB, @FLA, TOR

Vancouver 4.21 - @CBJ, @NAS, LA, CBJ

Pittsburgh 4.12 - FLA, PHI, @TB, @FLA

Boston 4.03 - @PHI, CHI, TOR, ATL

Florida 4.00 - @PIT, @CBJ, OTT, PIT

Steer Clear

San Jose 2.00 - @PHX, DAL

NY Islander 2.69 - PHI, @NJ, NYR

Atlanta 2.94 - OTT, @MON, @PHI

Dallas 2.94 - @NAS, @PHX, @SJ

Washington 2.94 - @MON, CAR, CBJ

aturday April 2, 2010

Best Bets

Calgary 4.33 - @ANA, @LA, @SJ, @EDM

Nashville 4.11 - @BUF, EDM, ANA, DAL

New Jersey 4.10 - @CBJ, @BOS, @PIT, @BOS

Anaheim 4.00 - CGY, @DAL, @NAS, @CHI

NY Rangers 3.93 - @PIT, FLA, OTT, @BOS

Steer Clear

San Jose 1.90 - DAL, ANA

Calgary 2.00 - ANA, @STL

Phoenix 2.09 - DAL, COL

NY Rangers 2.24 - @BUF, @NYI

NY Islanders 2.78 - @NJ, NYR, CAR

Sunday April 3, 2010

Best Bets

Minnesota 4.32 - @STL, EDM, TB, @DET

Buffalo 4.19 - @TOR, NYR, @WAS, @CAR

Dallas 4.14 - @PHX, @SJ, @LA, @ANA

St. Louis 4.11 - MIN, @DET, CGY, @CBJ

Chicago 4.11 - @DET, @BOS, @CBJ, TB

Steer Clear

San Jose 1.90 - DAL, ANA

Phoenix 2.00 - DAL, COL

Atlanta 2.79 - @MON, @PHI, @BOS

New Jersey 2.84 - NYI, PHI, MON

Toronto 2.86 - BUF, @BOS, @OTT

Monday April 4, 2010

Best Bets

Minnesota 4.32 - @STL, EDM, TB, @DET

Los Angeles 4.23 - @EDM, @VAN, DAL, @SJ

Buffalo 4.19 - @TOR, NYR, @WAS, @CAR

Dallas 4.14 - @PHX, @SJ, @LA, @ANA

St. Louis 4.11 - MIN, @DET, CGY, @CBJ

Steer Clear

Phoenix 2.00 - DAL, COL

Atlanta 2.79 - @MON, @PHI, @BOS

San Jose 2.79 - DAL, ANA, LA

New Jersey 2.84 - NYI, PHI, MON

Detroit 2.85 - STL, @NAS, MIN

to Tuesday April 5, 2010

Best Bets

St. Louis 4.20 - @DET, CGY, @CBJ, COL

Dallas 4.13 - @SJ, @LA, @ANA, CBJ

Philadelphia 4.07 - ATL, @NJ, NYR, @OTT

Buffalo 4.05 - NYR, @WAS, @CAR, TB

Tampa Bay 4.01 - PIT, @MIN, @BUF, @CHI

Steer Clear

Phoenix 1.05 - COL

Florida 1.83 - OTT, PIT

Atlanta 2.73 - @PHI, @BOS, @NAS

San Jose 2.79 - DAL, ANA, LA

Detroit 2.85 - STL, @NAS, MIN

Wednesday April 6, 2010

Best Bets

St. Louis 4.20 - CGY, @CBJ, COL, @CHI

Washington 4.19 - BUF, CBJ, @TOR, FLA

Chicago 4.17 - @CBJ, TB, @MON, STL

Dallas 4.13 - @SJ, @LA, @ANA, CBJ

Boston 4.10 - TOR, ATL, @NYR, NYI

Steer Clear

Phoenix 2.03 - COL, @LA

Montreal 2.11- @NJ, CHI

NY Islanders 2.68 - NYR, CAR, @BOS

Atlanta 2.73 - @PHI, @BOS, @NAS

Florida 2.88 - OTT, PIT, @WAS

day April 7, 2010

Best Bets

St. Louis 4.20 - CGY, @CBJ, COL, @CHI Chicago 4.17 - @CBJ, TB, @MON, STL Dallas 4.13 - @LA, @ANA, CBJ, COL

Colorado 4.10 - @PHX, CGY, @STL, @DAL New Jersey 3.80 - PHI, MON, @PIT, TOR

Steer Clear

NY Islanders 1.79 - CAR, @BOS

Nashville 1.90 - DET, ATL

Florida 1.91 - PIT, @WAS

Phoenix 2.03 - COL, @LA

Pittsburgh 2.15 - @FLA, NJ

day April 8, 2010

Best Bets

Ottawa 4.52 - @ATL, @TB, @FLA, TOR

Vancouver 4.21 - @CBJ, @NAS, LA, CBJ

Pittsburgh 4.12 - FLA, PHI, @TB, @FLA

Boston 4.03 - @PHI, CHI, TOR, ATL

Florida 4.00 - @PIT, @CBJ, OTT, PIT

Steer Clear

San Jose 2.00 - @PHX, DAL

NY Islander 2.69 - PHI, @NJ, NYR

Atlanta 2.94 - OTT, @MON, @PHI

Dallas 2.94 - @NAS, @PHX, @SJ

Washington 2.94 - @MON, CAR, CBJ

ırday April 9, 2010

Best Bets

Dallas 5.28 - @LA, @ANA, CBJ, COL, @COL

Minnesota 4.32 - TB, @DET, @VAN, @EDM

Tampa Bay 4.15 - @MIN, @CHI, @BUF, FLA

Carolina 4.14 - @NYI, BUF, DET, @ATL

Chicago 4.07 - TB, @MON, STL, @DET

Steer Clear

Phoenix 1.94 - @LA, SJ

Calgary 2.31 - @COL, EDM

NY Islanders 2.65 - CAR, @BOS, PIT

NY Rangers 2.66 - @PHI, BOS, ATL

Ottawa 2.85 - TOR, PHI, MON

Looking Ahead - Week 25

Written by Dave Poleck Friday, 25 March 2011 12:36 - Last Updated Friday, 25 March 2011 12:57